

Mora Independent Schools
Nurse's Office
Shantel Garcia, RN MISD Nurse
Berna Trujillo, Secretary/Health Aide
Phone: 575-387-3113 or 575-387-3112
Fax: 575-387-3160

July 29, 2019

Dear Parents/Guardian:

I would like to take this time to welcome your child to the Mora Independent School District for the 2019-2020 school year.

In order to ensure a healthy environment for your child you are required to complete all sections of the attached "Emergency Notification/Health History" the forms are lengthy; however, they are important in the event that your child becomes ill or is involved in an accident during school hours or on school sponsored activities. Further, the form assists us in identifying any routine health care your child may need.

If your child is on medication that requires administration in the school, either on a regular basis or for emergency, you must request and complete a medication authorization form. The form needs to be signed by your child health care provider and submitted to the nurse's office.

The Mora School District will no longer be providing over the counter medications for students per the Public Health Division of the NM Department of Health Rules and Regulation. You will be required to provide the medication in an original labeled bottle with appropriate dispensing information and labeled bottle with appropriate dispensing information and labeled with your child's name and date-of-birth, to the nurse's office.

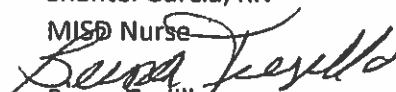
The Nurse's Office will continue to be located on the side of administration building to offer routine school nursing services. Additionally, you will still have access to School Based Health Center services on an appointment or walk-in basis.

If you have any questions or concerns, please feel free to contact us at the nurse's office at 575-387-3112 or 575-387-3113.

Sincerely,


Shantel Garcia, RN

MISD Nurse


Berna Trujillo
Secretary/Health Aide

Mora Independent Schools
Shantel Garcia, RN
Nurse's Office
P.O. Box 179
Mora, NM 87701


Dear Parents/Guardians:

Please keep your child home if he/she becomes ill and does not feel well enough to take part in school activities. This helps to prevent the spread of the illness to others at school. These are some of the examples of when your child should be kept home:

- Active vomiting
- Active diarrhea – three or more times in six hours
- The beginning of an airway infection (cold/cough/runny nose) [This is especially important for those who are unable to manage their own body fluids]
- Fever with headache, body aches, earache, sore throat
- Undiagnosed or unknown rash (a rash that has not been seen or treated by a health care provider)
- Any of the above symptoms with fever or chills
- Untreated skin conditions
- If antibiotic treatment is needed, your child should remain home for the first full 24 hours of medication (e.g., if your child has three doses per day ordered, then three doses must be given before the child returns to school)

If you have any question, please contact me at 575-387-3112 or 575-387-3113.

Thank You,


Shantel Garcia, RN
MISD Nurse